

STAY ACTIVE

Recreation & Watersports Schedule Daily Activities 2024



AN IHG® HOTEL
KANDOOMA
MALDIVES

SUNDAY

Excursions (Extra charges applicable)

- 08:00 - 8:45 ***Island Run (b)**
Meeting point Water Sport Centre
- 08:30 - 09:30 ***House Reef Snorkelling (b)**
- 10:00 - 11:30 **Turtle Point Snorkelling (b)**
\$59++(minimum 4 guests)
- 13:30 - 16:00 **Shark Snorkelling (b)**
\$99++(minimum 4 guests)
- 16:00 - 17:00 ***Tabata, High Intensity Fitness Session (b)**
at Yoga pavilion
- 17:00 - 18:30 **Sunset Cruise (b)**
\$69++(minimum 2 guests)
- 17:00 - 19:00 **Night Fishing (b)**
\$59++(minimum 2 guests)

Kandoo Kids' Club Complimentary Activities

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|-------|------------------------------|-------|---------------------------|
| 09:00 | Origami | 12:00 | TV Games |
| 10:00 | Collage Making | 14:30 | Painting Art |
| 11:00 | Limbo & Fun Games | 15:00 | Nature Walk |
| | | 16:30 | Sand Castle Making |
| | | 18:00 | Movie Time |

MONDAY

Excursions (Extra charges applicable)

- 05:30 - 08:00 **Big Game Fishing (b)**
\$89++ (minimum 4 guests)
- 08:00 - 13:00 **Wreck Safari (b)**
\$199++ (minimum 6 guests)
- 10:00 - 11:30 **Turtle Point Snorkelling (b)**
\$59++(minimum 4 guests)
- 11:00 - 12:00 ***Core Workout Session (b)**
at Gym (maximum 4 guests)
- 13:30 - 16:00 **Shark Snorkelling (b)**
\$99++(minimum 4 guests)
- 14:00 - 15:00 **Mat Pilates Group Session (b)**
\$25++ per guest
- 17:00 - 18:00 ***Beach Zumba Session (b)**
at west beach
- 17:00 - 18:30 **Sunset Cruise (b)**
\$69++(minimum 2 guests)
- 17:00 - 19:00 **Night Fishing (b)**
\$59++(minimum 2 guests)

Kandoo Kids' Club Complimentary Activities

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|-------|---------------------|-------|--------------------------------------|
| 09:00 | Origami | 14:30 | Limbo Fun & Musical Chair |
| 10:00 | Card Making | 15:00 | Coral Painting |
| 11:00 | Making Craft | 16:30 | Sand Castle Making |
| 12:00 | TV Games | 18:00 | Movie Time |

TUESDAY

Excursions (Extra charges applicable)

- 08:30 - 09:30 ***House Reef Snorkelling (b)**
- 10:00 - 11:30 **Side Reef Snorkelling (b)**
\$39++(minimum 4 guests)
- 11:00 - 12:00 ***Aqua Aerobics (b)**
at the Main Pool
- 13:30 - 16:00 **Shark Snorkelling (b)**
\$99++(minimum 4 guests)
- 15:00 - 16:00 **Maldivian Cooking Class (b)**
\$80++ per person (minimum of 2 guests & maximum 8 guests)
at The Asian Kitchen
- 16:00 - 17:00 ***Tabata, High Intensity Fitness Session (b)**
at the Yoga Pavilion (Maximum 6 guests)
- 17:00 - 18:30 **Sunset Cruise (b)**
\$69++(minimum 2 guests)
- 17:00 - 19:00 **Night Fishing (b)**
\$59++(minimum 2 guests)

Kandoo Kids' Club Complimentary Activities

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|-------|------------------------------------|-------|------------------------------|
| 09:00 | Thread Art & Paint Blow | 14:30 | Leaf Art |
| 10:00 | Flower Making | 15:00 | Coconut Palm Leaf Art |
| 11:00 | Recycle Fun | 16:30 | Elephant Tail |
| 12:00 | TV Games | 18:00 | Movie time |

WEDNESDAY

Excursions (Extra charges applicable)

- 05:30 - 08:00 **Big Game Fishing (b)**
\$89++ (minimum 4 guests)
- 10:00 - 11:30 **Turtle Point Snorkelling (b)**
\$59++(minimum 4 guests)
- 13:30 - 16:00 **Shark Snorkelling (b)**
\$99++(minimum 4 guests)
- 16:30 - 17:30 ***Beach Volleyball (b)**
- 17:00 - 18:30 **Sunset Cruise (b)**
\$69++(minimum 2 guests)
- 17:00 - 19:00 **Night Fishing (b)**
\$59++(minimum 2 guests)
- 19:00 - 20:30 ***Family Movie Night (b)**

Kandoo Kids' Club Complimentary Activities

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|-------|---------------------------|-------|--------------------------------|
| 09:00 | Photo Frame Making | 14:30 | Maldives Flag Colouring |
| 10:00 | Finding Nemo Games | 15:00 | Nature Work |
| 11:00 | Crown Making | 16:30 | Bracelet Making |
| 12:00 | TV Games | 18:00 | Movie Time |

- (b) Bookings are essential
- All activities with asterisk (*) are complimentary.

Recreation & Watersports Schedule

Daily Activities

2024



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THURSDAY

Excursions (Extra charges applicable)

- 08:30 - 09:30 *House Reef Snorkelling (b)
- 10:00 - 11:30 Side reef Snorkelling (b)
\$39++ (minimum 4 guests)
- 11:00 - 12:00 *Aqua Aerobics (b)
at the Main Pool
- 13:30 - 16:00 Shark Snorkelling (b)
\$99++ (minimum 4 guests)
- 14:00 - 15:00 Stretching Group Session (b)
\$25++ per guest
- 17:00 - 18:00 *Sunset Beach Workout (b)
at the West Beach
- 17:00 - 18:30 Sunset Cruise (b)
\$69++ (minimum 2 guests) (b)
- 17:00 - 19:00 Night Fishing (b)
\$59++ (minimum 2 guests)

Kandoo Kids' Club Complimentary Activities

09:00 Write Your Name Dhivehi	14:30 Coconut Hunting & Painting
10:00 Flower Making	15:00 Crown Making
11:00 Musical Games	16:30 Limbo Fun Games
12:00 TV Games	18:00 Movie Time

FRIDAY

Excursions (Extra charges applicable)

- 05:30 - 08:00 Big Game Fishing (b)
\$89++ (minimum 4 guests)
- 08:00 - 09:00 *Shape Your Body (b)
Beginner Gymnastics at west beach
- 10:00 - 11:30 Turtle Point Snorkelling (b)
\$59++ (minimum 4 guests)
- 14:00 - 16:30 Shark Snorkelling (b)
\$99++ (minimum 4 guests)
- 14:00 - 15:00 Mat Pilates Group Session (b)
\$25++ per guest
- 17:00 - 18:00 *Beach Zumba Session (b)
at West Beach
- 17:00 - 18:30 Sunset Cruise (b)
\$69++ (minimum 2 guests)
- 17:00 - 19:00 Night Fishing (b)
\$59++ (minimum 2 guests)

Kandoo Kids' Club Complimentary Activities

09:00 Finger & Hand Painting	14:30 Fashion & Craft
10:00 Craft Making	15:00 Crab Collecting & Racing
11:00 Limbo Fun Games	16:30 Flower Making
12:00 TV Games	18:00 Movie Time

SATURDAY

Excursions (Extra charges applicable)

- 08:30-09:30 *House Reef Snorkelling (b)
- 10:00-11:30 Side Reef Snorkelling (b)
\$39++ (minimum 4 guests)
- 11:00-12:00 *Aqua Aerobics (b)
at the Main Pool
- 13:30-16:00 Shark Snorkelling (b)
\$99++ (minimum 4 guests)
- 15:00-16:00 Maldivian Cooking Class (b)
\$80++ per person (minimum of 2 guests &
maximum 8 guests)
at The Asian Kitchen
- 14:00-15:00 Stretching Group Session (b)
\$25++ per guest
- 16:00- 17:00 *Circuit Training (b)
at the Gym (maximum 6 guests)
- 17:00-18:30 Sunset Cruise (b)
\$69++ (minimum 2 guests)
- 17:00-19:00 Night Fishing (b)
\$59++ (minimum 2 guests)

Kandoo Kids' Club Complimentary Activities

09:00 Facemask Making	15:00 Kids Zumba
10:00 Drawing Competition	16:30 Sand Castle Making
11:00 Finding Nemo	18:00 Movie Time
12:00 TV Games	
14:30 Musical Games	

- (b) Bookings are essential
- All bookings can be done at the Watersports Centre between 8:30 am to 5:00 pm.
- All activities with asterisk (*) are complimentary.
- Complimentary Snorkelling lesson at 10:00 and complimentary Snorkelling trip at 08:30 am (booking essential).
- Underwater photography requires 24 hours in advance booking at the water sports centre.
- Snorkelling equipment and life jackets are free of charge.
- Meet-up for any activity at the Watersports Centre 10 minutes prior the excursion time.
- Parasailing is available from 08:30 am to 05:30 pm, requires 24 hours in advance booking.
- This schedule is subject to changes without prior notice.
- Beginner Surf Lesson – book at The Perfect Wave Surf Centre one day in advance (bookings essential).
- Beginner Scuba Dive lessons every day, book at Dive Centre.

For inquiries, please call +960 6640511 Ext. 7196.

Chargeable Fitness Sessions

- Stretching Group Session (Thursday and Saturday) in Yoga pavilion at 02:00 pm \$25++ per person, minimum 2 guests/ maximum 6 guests
- Mat Pilates Group session (Monday and Friday) in Yoga pavilion at 02:00 pm \$25++ per person, minimum 2 guests/ maximum 6 guests
- Private Fitness Session \$60++ per guest/ \$100++ per two person

Kandoo Kids Club Activities

- TV game available every day afternoon (12:00 pm to 02:30 pm).
- Babysitting available daily upon request USD 16.59. (Age 0-4 per hrs. / Per Child). Please book in advance @Kandoo Kids' Club.
- All activities are subject to change without prior notice.
- For inquiries, please call +960 6640511 Ext. 7199.
- Opening hours 8:00 am to 08:00 pm (Age 4 – 12) free on opening hours