

## Recreation & Watersports

	Price Per Person (Usd)	No. Of Persons	Duration
<b>Excursions</b>			
<b>Turtle Point Reef Snorkelling</b>	59++	Min. 4 persons	1.5 hours
<b>Side Reef Snorkelling</b>	39++	Min. 4 persons	1.5 hours
<b>Shark Snorkelling</b>	99++	Min. 4 persons, Max. 6 persons	2 hours
<b>Shark Snorkelling (Private)</b>	620++	Max. 6 persons	2.5 hours
<b>Sunset Cruise</b>	69++	Min. 4 persons	1 hours
<b>Sport Fishing</b>	89++	Min. 4 persons, Max. 6 persons	2.5 hours
<b>Sport Fishing (Private)</b>	450++	Min. 4 persons	2.5 hours
<b>Sport Fishing Private Boat Trip</b>	680++	Min. 4 persons	4 hours
<b>Sport Fishing Private Boat Trip</b>	805++	Min. 4 persons	5 hours
<b>Sport Fishing Private Boat Trip</b>	930++	Min. 4 persons	6 hours
<b>Night Fishing</b> (Your biggest catch of the night (one fish) will be cooked to your preference at the restaurant)	59++	Min. 4 persons	2 hours
<b>Sandbank Picnic</b>	89++	Min. 4 persons	2 hours
<b>Create Your Own Trip (Private)</b> Choose 2: Shark Snorkelling / Turtle Snorkelling / Sandbank Visit / Side Reef Snorkelling / Local Island Visit	169++ 139++ (extra persons)	Min. 4 persons, Max. 6 persons	2.5 hours
<b>Create Your Own Trip Option Two (Private)</b> Choose 2: Sting Ray Watching / Shark Snorkelling / Turtle Snorkelling / Sandbank Visit / Side Reef Snorkelling / Local Island Visit	189++ 139++ (extra persons)	Min. 4 persons, Max. 6 persons	3 hours
<b>Local Island Visit</b>	59++	Min. 6 persons	2.5 hours

- All prices are in US Dollars and subject to a 10% Service Charge and 16% GST.
- Starting 1 July 2025, the Tourism GST (TGST) rate will increase from 16% to 17% following the Maldives Government's amendment to the Goods and Services Tax Act.
- All activities must be booked in advance. Reservations are mandatory to secure your spot.
- All bookings must be made at the Watersports Centre between 8:30 am and 5:00 pm.
- Prices are per person, unless stated otherwise.
- Children under 12 years receive a 50% discount on activities.
- Children under 4 years can participate free of charge.
- Motorised watersports & parasailing are charged 100% for children of all ages.
- Cancellation policy will be confirmed at the time of reservation.
- Prices are subject to change without prior notice.



**Holiday Inn Resort Kandooma Maldives**  
**Kandooma Fushi, South Male' Atoll**  
**Republic of Maldives**  
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**EXT.7196 | holidayinnresorts.com**

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	Price Per Person (Usd)	No. Of Persons	Duration
<b>Malé Sightseeing</b>	<b>89++</b>	<b>Min. 2 persons</b>	<b>4 hours</b>
<b>Manta Ray Snorkelling (Seasonal)</b>	<b>69++</b>	<b>Min. 2 persons</b>	<b>1.5 hours</b>
<b>Shipwreck Safari</b> Turtle Snorkelling, Shark Snorkelling, Shipwreck Snorkelling, Sandbank Visit for Lunch	<b>199++</b>	<b>Min. 4 persons</b> <b>Max. 6 persons</b>	<b>5.5 hours</b>
<b>Shipwreck Safari (Private)</b>	<b>990++</b>	<b>Max. 4 persons</b>	<b>5.5 hours</b>
<b>Explore WOW Vaavu Atoll (Private)</b> Shipwreck Snorkelling, Turtle Snorkelling, Local Island Visit, Stingray Watching, Sandbank Visit for Lunch	<b>1110++</b>	<b>Max. 4 persons</b>	<b>6 hours</b>
<b>Motorised Watersports</b>			
<b>Banana Boat / Fun Tube</b>	<b>29++</b>	<b>Min. 2 persons</b>	<b>15 minutes</b>
<b>Parasailing</b>	<b>99++</b>	<b>Min. 2 persons</b>	<b>15 minutes</b>
<b>Stimmel Board / Kneeboard</b>	<b>39++</b>	<b>Min. 1 person</b>	<b>25 minutes</b>
<b>Monoski / Waterski / Wakeboard (Beginner)</b>	<b>69++</b>	<b>Min. 1 person</b>	<b>45 minutes</b>
<b>Monoski / Waterski / Wakeboard (Refresher)</b>	<b>49++</b>	<b>Min. 1 person</b>	<b>30 minutes</b>
<b>Monoski / Waterski / Wakeboard (Advanced)</b>	<b>39++</b>	<b>Min. 1 person</b>	<b>20 minutes</b>
<b>Lessons</b>			
<b>Snorkelling Lesson</b>	<b>12++</b>	<b>Per Person</b>	<b>30 minutes</b>
<b>Swimming Class</b>	<b>20++</b>	<b>Per Person</b>	<b>45 minutes</b>
<b>Others</b>			
<b>Underwater Photography</b> (Available only during snorkelling excursions)	<b>40++</b>	<b>Per Room</b>	<b>Per Trip</b>
<b>Drone Photography for Parasailing</b>	<b>89++</b>		<b>Per Activity</b>
<b>Boat Rentals</b>			
<b>Speedboat — Teal</b>	<b>199++</b>	<b>Max. 4 persons</b>	<b>1 hour</b>

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<b>Speedboat — Aqua</b>	<b>349++</b>	<b>Max. 6 persons</b>	<b>1 hour</b>
<b>Dhoni</b>	<b>299++</b>	<b>Max. 8 persons</b>	<b>1 hour</b>
<b>Equipment Rentals</b>			
<b>Stand-Up Paddleboard</b>	<b>29++</b>	<b>Max. 1 person</b>	<b>1 hour</b>
<b>Bicycle</b>	<b>12++</b>	<b>Per Person</b>	<b>Per Day</b>
<b>Fitness Sessions</b>			
<b>Stretching Group Session</b>	<b>25++</b>	<b>Min. 2 persons, Max. 6 persons</b>	<b>1 hour</b>
<b>Mat Pilates Group Session</b>	<b>25++</b>	<b>Min. 2 persons, Max. 6 persons</b>	<b>1 hours</b>
<b>Private Fitness Session - Solo</b>	<b>60++</b>	<b>1 person</b>	<b>1 hour</b>
<b>Private Fitness Session - Duo</b>	<b>100++</b>	<b>2 persons</b>	<b>1 hour</b>

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# STAY ACTIVE

## Recreation & Watersports Schedule Daily Activities 2025



### SUNDAY

- 08:00 - 08:45 **\*Island Run**  
Meeting Point: Watersports Centre
- 08:00 - 08:45 **Surf Vinyasa Flow @ Surf Corner (PW)**  
\$25pp
- 08:30 - 09:30 **\*House Reef Snorkelling**
- 10:00 - 11:00 **Stand Up Paddleboard Yoga (PW)**  
\$45pp
- 10:30 - 12:00 **Turtle Point Snorkelling**  
\$59++ (minimum 4 guests)
- 13:30 - 15:30 **Shark Snorkelling**  
\$99++ (minimum 4 guests)
- 16:00 - 17:00 **\*Tabata-High Intensity Fitness Session**  
at Yoga Sala (maximum 6 guests)
- 17:00 - 18:00 **Sunset Cruise**  
\$69++ (minimum 4 guests)
- 17:30 - 18:30 **Surf RecoveryStretch @ Surf corner (PW)**  
\$25pp

#### Kandoo Kids' Club Complimentary Activities

- |       |                   |       |                    |
|-------|-------------------|-------|--------------------|
| 09:00 | Origami           | 14:30 | Painting Art       |
| 10:00 | Collage Making    | 15:00 | Nature Walk        |
| 11:00 | Limbo & Fun Games | 16:30 | Sand Castle Making |
| 12:00 | TV Games          | 18:00 | Movie Time         |

### TUESDAY

- 08:00 - 08:45 **Vinyasa Flow @ Surf Corner (PW)**  
\$25pp
- 08:30 - 09:30 **\*House Reef Snorkelling**
- 10:30 - 12:00 **Side Reef Snorkelling**  
\$39++ (minimum 4 guests)
- 11:00 - 12:00 **\*Aqua Aerobics**  
at the Main Pool
- 13:30 - 15:30 **Shark Snorkelling**  
\$99++ (minimum 4 guests)
- 15:00 - 16:00 **Maldivian Cooking Class**  
\$80++ per person (min 2 guests & max 8 guests) at The Asian Kitchen
- 16:00 - 17:00 **\*Tabata-High Intensity Fitness Session**  
at the Yoga Sala (maximum 6 guests)
- 17:30 - 18:15 **Sunset Yoga Nidra @ Yoga Deck (PW)**  
\$25pp
- 17:00 - 18:00 **Sunset Cruise**  
\$69++ (minimum 4 guests)

#### Kandoo Kids' Club Complimentary Activities

- |       |                         |       |                       |
|-------|-------------------------|-------|-----------------------|
| 09:00 | Thread Art & Paint Blow | 14:30 | Leaf Art              |
| 10:00 | Flower Making           | 15:00 | Coconut Palm Leaf Art |
| 11:00 | Recycle Fun             | 16:30 | Elephant Tail         |
| 12:00 | TV Games                | 18:00 | Movie time            |

### MONDAY

- 05:30 - 08:00 **Sport Fishing**  
\$89++ (minimum 4 guests)
- 08:00 - 13:30 **Wreck Safari**  
\$199++ (minimum 6 guests)
- 08:00 - 08:45 **Surf Vinyasa Flow @ Surf Corner (PW)**  
\$25pp
- 10:00 - 11:00 **Stand Up Paddleboard Yoga (PW)**  
\$45pp
- 10:30 - 12:00 **Turtle Point Snorkelling**  
\$59++ (minimum 4 guests)
- 11:00 - 12:00 **\*Core Workout Session**  
at Gym (maximum 4 guests)
- 13:30 - 15:30 **Shark Snorkelling**  
\$99++ (minimum 4 guests)
- 14:00 - 15:00 **Mat Pilates Group Session**  
\$25++ per guest
- 17:00 - 18:00 **\*Beach Zumba Session**  
at West Beach
- 17:00 - 19:00 **Night Fishing**  
\$59++ (minimum 4 guests)
- 17:30 - 18:30 **Surf RecoveryStretch @ Surf corner (PW)**  
\$25pp

#### Kandoo Kids' Club Complimentary Activities

- |       |              |       |                           |
|-------|--------------|-------|---------------------------|
| 09:00 | Origami      | 14:30 | Limbo Fun & Musical Chair |
| 10:00 | Card Making  | 15:00 | Coral Painting            |
| 11:00 | Making Craft | 16:30 | Sand Castle Making        |
| 12:00 | TV Games     | 18:00 | Movie Time                |

### WEDNESDAY

- 05:30 - 08:00 **Sport Fishing**  
\$89++ (minimum 4 guests)
- 08:00 - 08:45 **Surf Vinyasa Flow @ Surf Corner (PW)**  
\$25pp
- 10:00 - 11:00 **Stand Up Paddleboard Yoga (PW)**
- 10:30 - 12:00 **Turtle Point Snorkelling**  
\$59++ (minimum 4 guests)
- 13:30 - 15:30 **Shark Snorkelling**  
\$99++ (minimum 4 guests)
- 16:30 - 17:30 **\*Beach Volleyball**
- 17:00 - 19:00 **Night Fishing**  
\$59++ (minimum 4 guests)
- 17:30 - 18:30 **Surf RecoveryStretch @ Surf corner (PW)**  
\$25pp
- 19:00 - 20:30 **\*Family Movie Night**

#### Kandoo Kids' Club Complimentary Activities

- |       |                    |       |                         |
|-------|--------------------|-------|-------------------------|
| 09:00 | Photo Frame Making | 14:30 | Maldives Flag Colouring |
| 10:00 | Finding Nemo Games | 15:00 | Nature Work             |
| 11:00 | Crown Making       | 16:30 | Bracelet Making         |
| 12:00 | TV Games           | 18:00 | Movie Time              |

- (b) Bookings are essential - All activities with asterisk (\*) are complimentary - (PW) Perfect Wave

P.S. Please advise us by no later than 8 pm the night before if you wish to cancel any Yoga class, as we have a 50% cancellation/no-show fee.

# Recreation & Watersports Schedule

## Daily Activities

### 2025



#### THURSDAY

08:30 - 09:30	<b>*House Reef Snorkelling</b>
08:00 - 08:45	<b>Vinyasa Flow @ Surf Corner (PW)</b> \$25pp
10:30 - 12:00	<b>Side reef Snorkelling</b> \$39++ (minimum 4 guests)
11:00 - 12:00	<b>*Aqua Aerobics</b> at the Main Pool
13:30 - 15:30	<b>Shark Snorkelling</b> \$99++ (minimum 4 guests)
14:00 - 15:00	<b>Stretching Group Session</b> \$25++ per guest
17:00 - 18:00	<b>*Sunset Beach Workout</b> at West Beach
17:00 - 18:00	<b>Sunset Cruise</b> \$69++ (minimum 4 guests)
17:30 - 18:30	<b>Sunset Relaxing Yin@ Yoga Deck (PW)</b> \$25pp

#### Kandoo Kids' Club Complimentary Activities

09:00	<b>Write Your Name</b>	14:30	<b>Coconut Hunting &amp; Painting</b>
	<b>Dhivehi</b>		
10:00	<b>Flower Making</b>	15:00	<b>Crown Making</b>
11:00	<b>Musical Games</b>	16:30	<b>Limbo Fun Games</b>
12:00	<b>TV Games</b>	18:00	<b>Movie Time</b>

#### SATURDAY

08:00 - 08:45	<b>Vinyasa Flow @ Surf Corner (PW)</b> \$25pp
08:30 - 09:30	<b>*House Reef Snorkelling</b>
10:30 - 12:00	<b>Side Reef Snorkelling</b> \$39++ (minimum 4 guests)
11:00 - 12:00	<b>*Aqua Aerobics</b> at the Main Pool
13:30 - 15:30	<b>Shark Snorkelling</b> \$99++ (minimum 4 guests)
14:00 - 15:00	<b>Maldivian Cooking Class</b> \$80++ per person (min 2 guests & max 8 guests) at The Asian Kitchen
15:00 - 16:00	<b>Stretching Group Session</b> \$25++ per guest
16:00 - 17:00	<b>*Circuit Training</b> at the Gym (maximum 6 guests)
17:00 - 18:00	<b>Sunset Cruise</b> \$69++ (minimum 4 guests)
17:30 - 18:15	<b>Sunset Sound Healing @ Yoga Deck (PW)</b> \$45pp

#### Kandoo Kids' Club Complimentary Activities

09:00	<b>Facemask Making</b>	14:30	<b>Musical Games</b>
10:00	<b>Drawing Competition</b>	15:00	<b>Kids Zumba</b>
11:00	<b>Finding Nemo</b>	16:30	<b>Sand Castle Making</b>
12:00	<b>TV Games</b>	18:00	<b>Movie Time</b>

#### FRIDAY

05:30 - 08:00	<b>Sport Fishing</b> \$89++ (minimum 4 guests)
08:00 - 09:00	<b>*Shape Your Body-Beginner Gymnastics</b> at West Beach
08:00 - 08:45	<b>Vinyasa Flow @ Surf Corner (PW)</b> \$25pp
10:00 - 11:00	<b>Stand Up Paddleboard Yoga (PW)</b> \$45pp
10:30 - 12:00	<b>Turtle Point Snorkelling</b> \$59++ (minimum 4 guests)
14:00 - 16:00	<b>Shark Snorkelling</b> \$99++ (minimum 4 guests)
14:00 - 15:00	<b>Mat Pilates Group Session</b> \$25++ per guest
17:00 - 18:00	<b>*Beach Zumba Session</b> at West Beach
17:00 - 19:00	<b>Night Fishing</b> \$59++ (minimum 4 guests)
17:30 - 18:15	<b>Sunset Yoga Nidra @ Yoga Deck (PW)</b> \$25pp

#### Kandoo Kids' Club Complimentary Activities

09:00	<b>Finger &amp; Hand Painting</b>	14:30	<b>Fashion &amp; Craft</b>
		15:00	<b>Crab Collecting &amp; Racing</b>
10:00	<b>Craft Making</b>	16:30	<b>Flower Making</b>
11:00	<b>Limbo Fun Games</b>	18:00	<b>Movie Time</b>
12:00	<b>TV Games</b>		

- All activities must be booked in advance. Reservations are mandatory to secure your spot.
- **(PW)** Perfect Wave
- All bookings must be made at the Watersports Centre between 8:30 am and 5:00 pm.
- Activities marked with an asterisk (\*) are complimentary.
- This schedule is subject to change without prior notice.
- Snorkelling equipment and life jackets are free of charge.
- Please be at the Watersports Centre at least 10 minutes before your excursion.
- Complimentary snorkelling lesson at 10:00 am and snorkelling trip at 8:30 am (booking required).
- Underwater photography requires 24-hour advance booking at the Watersports Centre.
- Parasailing is available from 8:30 am to 5:30 pm and requires 24-hour advance booking.
- Beginner Surf Lessons – must be booked at The Perfect Wave Surf Centre one day in advance.
- Beginner Scuba Dive lessons are available daily at the Dive Centre.

For inquiries, call +960 6640511 Ext. 7196.

#### Chargeable Fitness Sessions

- Stretching Group Session (Thursday & Saturday, 2:00 pm) – \$25++ per person (min. 2, max. 6 guests)
- Mat Pilates Group Session (Monday & Friday, 2:00 pm) – \$25++ per person (min. 2, max. 6 guests)
- Private Fitness Session – \$60++ per guest / \$100++ per two guests

#### Kandoo Kids' Club Activities

- TV games available daily in the afternoon (12:00 pm – 2:30 pm).
- Babysitting available daily upon request (\$16.59 per child per hour, ages 0–4). Advance booking required.

For inquiries, call +960 6640511 Ext. 7199.