

## Recreation & Watersports

	Price Per Person (Usd)	No. Of Persons	Duration
<b>Excursions</b>			
<b>Turtle Point Reef Snorkelling</b>	59++	Min. 4 persons	1.5 hours
<b>Side Reef Snorkelling</b>	39++	Min. 4 persons	1.5 hours
<b>Shark Snorkelling</b>	99++	Min. 4 persons, Max. 6 persons	2hours
<b>Shark Snorkelling (Private)</b>	620++	Max. 6 persons	2.5 hours
<b>Sunset Cruise</b>	69++	Min. 4 persons	1 hours
<b>Sport Fishing</b>	89++	Min. 4 persons, Max. 6 persons	2.5 hours
<b>Sport Fishing (Private)</b>	450++	Min. 4 persons	2.5 hours
<b>Sport Fishing Private Boat Trip</b>	680++	Min. 4 persons	4 hours
<b>Sport Fishing Private Boat Trip</b>	805++	Min. 4 persons	5 hours
<b>Sport Fishing Private Boat Trip</b>	930++	Min. 4 persons	6 hours
<b>Night Fishing</b> (Your biggest catch of the night (one fish) will be cooked to your preference at the restaurant)	59++	Min. 4 persons	2 hours
<b>Sandbank Picnic</b>	89++	Min. 4 persons	2 hours
<b>Create Your Own Trip (Private)</b> Choose 2: Shark Snorkelling / Turtle Snorkelling / Sandbank Visit / Side Reef Snorkelling / Local Island Visit	169++ 139++ (extra persons)	Min. 2 persons, Max. 6 persons	2.5 hours
<b>Create Your Own Trip Option Two (Private)</b> Choose 2: Sting Ray Watching / Shark Snorkelling / Turtle Snorkelling / Sandbank Visit / Side Reef Snorkelling / Local Island Visit	189++ 139++ (extra persons)	Min. 2 persons, Max. 6 persons	3 hours
<b>Local Island Visit</b>	59++	Min. 6 persons	2.5 hours

- All prices are in US Dollars and subject to 10% Service Charge + 17% GST
- All activities must be booked in advance. Reservations are mandatory to secure your spot.
- All bookings must be made at the Watersports Centre between 8:30 am and 5:00 pm.
- Prices are per person, unless stated otherwise.
- Children under 12 years receive a 50% discount on activities.
- Children under 4 years can participate free of charge.
- Motorised watersports & parasailing are charged 100% for children of all ages.
- Cancellation policy will be confirmed at the time of reservation.
- Prices are subject to change without prior notice.

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	Price Per Person (Usd)	No. Of Persons	Duration
<b>Malé Sightseeing</b>	89++	Min. 2 persons	4 hours
<b>Manta Ray Snorkelling (Seasonal)</b>	69++	Min. 2 persons	1.5 hours
<b>WOW Safari</b> Turtle Snorkelling, Shark Snorkelling, Local Island Visit, Sandbank Visit for Lunch	199++	Min. 6 persons	5.5 hours
<b>Motorised Watersports</b>			
<b>Banana Boat / Fun Tube</b>	29++	Min. 2 persons	15 minutes
<b>Parasailing</b>	99++	Min. 2 persons	15 minutes
<b>Stimmel Board / Kneeboard</b>	39++	Min. 1 person	25 minutes
<b>Monoski / Waterski / Wakeboard (Beginner)</b>	69++	Min. 1 person	45 minutes
<b>Monoski / Waterski / Wakeboard (Refresher)</b>	49++	Min. 1 person	30 minutes
<b>Monoski / Waterski / Wakeboard (Advanced)</b>	39++	Min. 1 person	20 minutes
<b>Lessons</b>			
<b>Snorkelling Lesson</b>	12++	Per Person	30 minutes
<b>Swimming Class</b>	20++	Per Person	45 minutes
<b>Others</b>			
<b>Underwater Photography</b> (Available only during snorkelling excursions)	40++	Per Room	Per Trip
<b>Drone Photography for Parasailing</b>	89++		Per Activity
<b>Boat Rentals</b>			
<b>Speedboat — Teal</b>	199++	Max. 4 persons	1 hour
<b>Speedboat — Aqua</b>	349++	Max. 6 persons	1 hour
<b>Dhoni</b>	299++	Max. 8 persons	1 hour
<b>Equipment Rentals</b>			
<b>Stand-Up Paddleboard</b>	29++	Max. 1 person	1 hour

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	Price Per Person (Usd)	No. Of Persons	Duration
<i>Bicycle</i>	<i>12++</i>	<i>Per Person</i>	<i>Per Day</i>
<b><i>Fitness Sessions</i></b>			
<i>Stretching Group Session</i>	<i>25++</i>	<i>Min. 2 persons, Max. 6 persons</i>	<i>1 hour</i>
<i>Mat Pilates Group Session</i>	<i>25++</i>	<i>Min. 2 persons, Max. 6 persons</i>	<i>1 hours</i>
<i>Private Fitness Session - Solo</i>	<i>60++</i>	<i>1 person</i>	<i>1 hour</i>
<i>Private Fitness Session - Duo</i>	<i>100++</i>	<i>2 persons</i>	<i>1 hour</i>

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- Prices are per person, unless stated otherwise.
- Children under 12 years receive a 50% discount on activities.
- Children under 4 years can participate free of charge.
- Motorised watersports & parasailing are charged 100% for children of all ages.
- Cancellation policy will be confirmed at the time of reservation.
- Prices are subject to change without prior notice.

# STAY ACTIVE

## Recreation & Watersports Schedule Daily Activities 2025



### SUNDAY

08:00 - 08:45	<b>*Island Run</b> Meeting Point: Watersports Centre
08:00 - 08:45	<b>Surf Vinyasa Flow @ Surf Corner (PW)</b> \$25pp
08:30 - 09:30	<b>*House Reef Snorkelling</b>
10:00 - 11:00	<b>Stand-Up Paddleboard Yoga (PW)</b> \$45pp
10:30 - 12:00	<b>Turtle Point Snorkelling</b> \$59++ (minimum 4 guests)
13:30 - 15:30	<b>Shark Snorkelling</b> \$99++ (minimum 4 guests)
16:00 - 17:00	<b>*Tabata-High Intensity Fitness Session</b> at Yoga Sala (maximum 6 guests)
17:00 - 18:00	<b>Sunset Cruise</b> \$69++ (minimum 4 guests)
17:30 - 18:30	<b>Surf Recovery Stretch @ Surf corner (PW)</b> \$25pp

#### Kandoo Kids' Club Complimentary Activities

09:00	Origami	14:30	Painting Art
10:00	Collage Making	15:00	Nature Walk
11:00	Limbo & Fun Games	16:30	Sand Castle Making
12:00	TV Games	18:00	Movie Time

### TUESDAY

08:00 - 08:45	<b>Vinyasa Flow @ Surf Corner (PW)</b> \$25pp
08:30 - 09:30	<b>*House Reef Snorkelling</b>
10:30 - 12:00	<b>Side Reef Snorkelling</b> \$39++ (minimum 4 guests)
11:00 - 12:00	<b>*Aqua Aerobics</b> at the Main Pool
13:30 - 15:30	<b>Shark Snorkelling</b> \$99++ (minimum 4 guests)
15:00 - 16:00	<b>Maldivian Cooking Class</b> \$80++ per person (min 2 guests & max 8 guests) at The Asian Kitchen
16:00 - 17:00	<b>*Tabata-High Intensity Fitness Session</b> at the Yoga Sala (maximum 6 guests)
17:30 - 18:15	<b>Sunset Yoga Nidra @ Yoga Deck (PW)</b> \$25pp
17:00 - 18:00	<b>Sunset Cruise</b> \$69++ (minimum 4 guests)

#### Kandoo Kids' Club Complimentary Activities

09:00	Thread Art & Paint Blow	14:30	Leaf Art
10:00	Flower Making	15:00	Coconut Palm Leaf Art
11:00	Recycle Fun	16:30	Elephant Tail
12:00	TV Games	18:00	Movie time

### MONDAY

05:30 - 08:00	<b>Sport Fishing</b> \$89++ (minimum 4 guests)
08:00 - 13:30	<b>WOW Safari</b> \$199++ (minimum 6 guests)
08:00 - 08:45	<b>Surf Vinyasa Flow @ Surf Corner (PW)</b> \$25pp
10:00 - 11:00	<b>Stand-Up Paddleboard Yoga (PW)</b> \$45pp
10:30 - 12:00	<b>Turtle Point Snorkelling</b> \$59++ (minimum 4 guests)
11:00 - 12:00	<b>*Core Workout Session</b> at Gym (maximum 4 guests)
13:30 - 15:30	<b>Shark Snorkelling</b> \$99++ (minimum 4 guests)
14:00 - 15:00	<b>Mat Pilates Group Session</b> \$25++ per guest
17:00 - 18:00	<b>*Beach Zumba Session</b> at West Beach
17:00 - 19:00	<b>Night Fishing</b> \$59++ (minimum 4 guests)
17:30 - 18:30	<b>Surf Recovery Stretch @ Surf corner (PW)</b> \$25pp

#### Kandoo Kids' Club Complimentary Activities

09:00	Origami	14:30	Limbo Fun & Musical Chair
10:00	Card Making	15:00	Coral Painting
11:00	Making Craft	16:30	Sand Castle Making
12:00	TV Games	18:00	Movie Time

### WEDNESDAY

05:30 - 08:00	<b>Sport Fishing</b> \$89++ (minimum 4 guests)
08:00 - 08:45	<b>Surf Vinyasa Flow @ Surf Corner (PW)</b> \$25pp
10:00 - 11:00	<b>Stand-Up Paddleboard Yoga (PW)</b>
10:30 - 12:00	<b>Turtle Point Snorkelling</b> \$59++ (minimum 4 guests)
13:30 - 15:30	<b>Shark Snorkelling</b> \$99++ (minimum 4 guests)
16:30 - 17:30	<b>*Beach Volleyball</b>
17:00 - 19:00	<b>Night Fishing</b> \$59++ (minimum 4 guests)
17:30 - 18:30	<b>Surf Recovery Stretch @ Surf corner (PW)</b> \$25pp
19:00 - 20:30	<b>*Family Movie Night</b>

#### Kandoo Kids' Club Complimentary Activities

09:00	Photo Frame Making	14:30	Maldives Flag Colouring
10:00	Finding Nemo Games	15:00	Nature Work
11:00	Crown Making	16:30	Bracelet Making
12:00	TV Games	18:00	Movie Time

- (b) Bookings are essential      - All activities with asterisk (\*) are complimentary      - (PW) Perfect Wave

**P.S.** Please advise us by no later than 8 pm the night before if you wish to cancel any Yoga class, as we have a 50% cancellation/no-show fee.

# Recreation & Watersports Schedule

## Daily Activities

### 2025



#### THURSDAY

08:30 - 09:30	<b>*House Reef Snorkelling</b>
08:00 - 08:45	<b>Vinyasa Flow @ Surf Corner (PW)</b> \$25pp
10:30 - 12:00	<b>Side reef Snorkelling</b> \$39++ (minimum 4 guests)
11:00 - 12:00	<b>*Aqua Aerobics</b> at the Main Pool
13:30 - 15:30	<b>Shark Snorkelling</b> \$99++ (minimum 4 guests)
14:00 - 15:00	<b>Stretching Group Session</b> \$25++ per guest
17:00 - 18:00	<b>*Sunset Beach Workout</b> at West Beach
17:00 - 18:00	<b>Sunset Cruise</b> \$69++ (minimum 4 guests)
17:30 - 18:30	<b>Sunset Relaxing Yin@ Yoga Deck (PW)</b> \$25pp

#### Kandoo Kids' Club Complimentary Activities

09:00	<b>Write Your Name</b> Dhivehi	14:30	<b>Coconut Hunting</b> & Painting
10:00	<b>Flower Making</b>	15:00	<b>Crown Making</b>
11:00	<b>Musical Games</b>	16:30	<b>Limbo Fun Games</b>
12:00	<b>TV Games</b>	18:00	<b>Movie Time</b>

#### SATURDAY

08:00 - 08:45	<b>Vinyasa Flow @ Surf Corner (PW)</b> \$25pp
08:30 - 09:30	<b>*House Reef Snorkelling</b>
10:30 - 12:00	<b>Side Reef Snorkelling</b> \$39++ (minimum 4 guests)
11:00 - 12:00	<b>*Aqua Aerobics</b> at the Main Pool
13:30 - 15:30	<b>Shark Snorkelling</b> \$99++ (minimum 4 guests)
14:00 - 15:00	<b>Maldivian Cooking Class</b> \$80++ per person (min 2 guests & max 8 guests) at The Asian Kitchen
15:00 - 16:00	<b>Stretching Group Session</b> \$25++ per guest
16:00 - 17:00	<b>*Circuit Training</b> at the Gym (maximum 6 guests)
17:00 - 18:00	<b>Sunset Cruise</b> \$69++ (minimum 4 guests)
17:30 - 18:15	<b>Sunset Sound Healing @ Yoga Deck (PW)</b> \$45pp

#### Kandoo Kids' Club Complimentary Activities

09:00	<b>Facemask Making</b>	14:30	<b>Musical Games</b>
10:00	<b>Drawing Competition</b>	15:00	<b>Kids Zumba</b>
11:00	<b>Finding Nemo</b>	16:30	<b>Sand Castle Making</b>
12:00	<b>TV Games</b>	18:00	<b>Movie Time</b>

#### FRIDAY

05:30 - 08:00	<b>Sport Fishing</b> \$89++ (minimum 4 guests)
08:00 - 09:00	<b>*Shape Your Body-Beginner Gymnastics</b> at West Beach
08:00 - 08:45	<b>Vinyasa Flow @ Surf Corner (PW)</b> \$25pp
10:00 - 11:00	<b>Stand-Up Paddleboard Yoga (PW)</b> \$45pp
10:30 - 12:00	<b>Turtle Point Snorkelling</b> \$59++ (minimum 4 guests)
14:00 - 16:00	<b>Shark Snorkelling</b> \$99++ (minimum 4 guests)
14:00 - 15:00	<b>Mat Pilates Group Session</b> \$25++ per guest
17:00 - 18:00	<b>*Beach Zumba Session</b> at West Beach
17:00 - 19:00	<b>Night Fishing</b> \$59++ (minimum 4 guests)
17:30 - 18:15	<b>Sunset Yoga Nidra @ Yoga Deck (PW)</b> \$25pp

#### Kandoo Kids' Club Complimentary Activities

09:00	<b>Finger &amp; Hand</b> Painting	14:30	<b>Fashion &amp; Craft</b>
10:00	<b>Craft Making</b>	15:00	<b>Crab Collecting &amp; Racing</b>
11:00	<b>Limbo Fun Games</b>	16:30	<b>Flower Making</b>
12:00	<b>TV Games</b>	18:00	<b>Movie Time</b>

- All activities must be booked in advance. Reservations are mandatory to secure your spot.
- **(PW)** Perfect Wave
- All bookings must be made at the Watersports Centre between 8:30 am and 5:00 pm.
- Activities marked with an asterisk (\*) are complimentary.
- This schedule is subject to change without prior notice.
- Snorkelling equipment and life jackets are free of charge.
- Please be at the Watersports Centre at least 10 minutes before your excursion.
- Complimentary snorkelling lesson at 10:00 am and snorkelling trip at 8:30 am (booking required).
- Underwater photography requires 24-hour advance booking at the Watersports Centre.
- Parasailing is available from 8:30 am to 5:30 pm and requires 24-hour advance booking.
- Beginner Surf Lessons – must be booked at The Perfect Wave Surf Centre one day in advance.
- Beginner Scuba Dive lessons are available daily at the Dive Centre.

For inquiries, call +960 6640511 Ext. 7196.

#### Chargeable Fitness Sessions

- Stretching Group Session (Thursday & Saturday, 2:00 pm) – \$25++ per person (min. 2, max. 6 guests)
- Mat Pilates Group Session (Monday & Friday, 2:00 pm) – \$25++ per person (min. 2, max. 6 guests)
- Private Fitness Session – \$60++ per guest / \$100++ per two guests

#### Kandoo Kids' Club Activities

- TV games available daily in the afternoon (12:00 pm – 2:30 pm).
- Babysitting available daily upon request (\$16.59 per child per hour, ages 0–4). Advance booking required.

For inquiries, call +960 6640511 Ext. 7199.