

# STAY ACTIVE

## Recreation & Watersports Schedule

### Daily Activities 2026



## SUNDAY

- 08:30 - 09:15 **Flow Yoga (PW)**  
\$20pp++ (minimum 2 guests)
- 08:30 - 09:30 **\*House Reef Snorkelling**
- 10:30 - 12:00 **Turtle Point Snorkelling**  
59++ (minimum 4 guests)
- 13:30 - 15:30 **Shark Snorkelling**  
\$99++ (minimum 4 guests)
- 16:00 - 17:00 **Beach Volleyball**
- 17:00 - 18:00 **Sunset Cruise**  
\$69++ (minimum 4 guests)
- 17:30 - 18:30 **Sunset Water Flow (PW)**  
SUP Yoga x Pilates  
\$40++ (minimum 2 guests)

### Kandoo Kids' Club Complimentary Activities

(for children aged 4 to 12 years)

#### Wellness Day

- |   |   |
|---|---|
| 09:00 <b>Rainbow Meditation</b>         | 14:30 <b>Paint Blow Art</b>             |
| 10:00 <b>Write a Letter to a Friend</b> | 15:00 <b>Nature Walk</b>                |
| 11:00 <b>Pool Fun</b>                   | 16:30 <b>Friendship Bracelet Making</b> |
| 12:00 <b>PS5 &amp; Nintendo Games</b>   | 18:30 <b>Movie Time</b>                 |

## MONDAY

- 05:30 - 08:00 **Sport Fishing**  
\$89++ (minimum 4 guests)
- 08:00 - 13:30 **WOW Safari**  
\$199++ (minimum 6 guests)
- 08:30 - 09:15 **Flow Yoga (PW)**  
\$20pp++ (minimum 2 guests)
- 10:30 - 12:00 **Turtle Point Snorkelling**  
\$59++ (minimum 4 guests)
- 13:30 - 15:30 **Shark Snorkelling**  
\$99++ (minimum 4 guests)
- 17:00 - 19:00 **Night Fishing**  
\$59++ (minimum 4 guests)
- 17:30 - 18:30 **Sunset Water Flow (PW)**  
SUP Yoga x Pilates  
\$40pp++ (minimum 2 guests)

### Kandoo Kids' Club Complimentary Activities

(for children aged 4 to 12 years)

#### Ocean Fun

- |                                       |                                   |
|---------------------------------------|-----------------------------------|
| 09:00 <b>Kids Zumba</b>               | 14:30 <b>Geo Champ, Quiz game</b> |
| 10:00 <b>Sea Animal Craft Making</b>  | 15:00 <b>Pass the Ball</b>        |
| 11:00 <b>Puzzle Challenge</b>         | 16:30 <b>Sandcastle Making</b>    |
| 12:00 <b>PS5 &amp; Nintendo Games</b> | 18:00 <b>Movie Time</b>           |

## TUESDAY

- 08:30 - 09:15 **Pilates Sculpt (PW)**  
\$20++pp Pilates (minimum 2 guests)
- 08:30 - 09:30 **\*House Reef Snorkelling**
- 10:30 - 12:00 **Side Reef Snorkelling**  
\$39++ (minimum 4 guests)
- 13:30 - 15:30 **Shark Snorkelling**  
\$99++ (minimum 4 guests)
- 15:00 - 16:00 **Maldivian Cooking Class**  
at The Asian Kitchen \$80++  
(minimum 2 guests & maximum 8 guests)
- 16:00 - 17:00 **Beach Tennis**
- 17:00 - 18:00 **Sunset Cruise**  
\$69++ (minimum 4 guests)
- 17:30 - 18:30 **Yin & Restore (PW)**  
\$40pp++ (minimum 2 guests)

### Kandoo Kids' Club Complimentary Activities

(for children aged 4 to 12 years)

#### Maldivian Day

- |   |                                      |
|---|--------------------------------------|
| 09:00 <b>Write Your Name in Dhivehi</b> | 14:30 <b>Coconut Palm Leaf Craft</b> |
| 10:00 <b>Photo Frame Making</b>         | 15:00 <b>Maldivian Fun Games</b>     |
| 11:00 <b>Musical Fun</b>                | 16:30 <b>Origami</b>                 |
| 12:00 <b>PS5 &amp; Nintendo Games</b>   | 18:30 <b>Movie Time</b>              |

## WEDNESDAY

- 05:30 - 08:00 **Sport Fishing**  
\$89++ (minimum 4 guests)
- 08:30 - 09:15 **Flow Yoga (PW)**  
\$20pp++ (minimum 2 guests)
- 08:30 - 10:00 **Boom Net Cruise**  
69++ (minimum 4 guests)
- 10:30 - 12:00 **Turtle Point Snorkelling**  
\$59++ (minimum 4 guests)
- 13:30 - 15:30 **Shark Snorkelling**  
\$99++ (minimum 4 guests)
- 16:00 - 17:00 **Beach Volleyball**
- 17:00 - 19:00 **Night Fishing**  
\$59++ (minimum 4 guests)
- 17:30 - 18:30 **Sunset Water Flow**  
SUP Yoga x Pilates  
\$40++ (minimum 2 guests)

### Kandoo Kids' Club Complimentary Activities

(for children aged 4 to 12 years)

#### Sports Day

- |                                       |   |
|---------------------------------------|---|
| 09:00 <b>Kids Zumba</b>               | 14:30 <b>Finger &amp; Hand Painting</b> |
| 10:00 <b>Medal Making</b>             | 15:00 <b>Beach Fun Games</b>            |
| 11:00 <b>Pool Fun</b>                 | 16:30 <b>Drawing Competition</b>        |
| 12:00 <b>PS5 &amp; Nintendo Games</b> | 18:30 <b>Movie Time</b>                 |

- All activities with asterisk (\*) are complimentary - (PW) Perfect Wave

P.S. Please advise us by no later than 8 pm the night before if you wish to cancel any Yoga class, as we have a 50% cancellation/no-show fee.

# STAY ACTIVE

## Recreation & Watersports Schedule

### Daily Activities 2026



## THURSDAY

- 08:30 - 09:15 **Pilates Sculpt (PW)**  
\$20++pp (minimum 2 guests)
- 08:30 - 09:30 **\*House Reef Snorkelling**
- 10:30 - 12:00 **Side Reef Snorkelling**  
\$39++ (minimum 4 guests)
- 13:30 - 15:30 **Shark Snorkelling**  
\$99++ (minimum 4 guests)
- 16:00 - 17:00 **Beach Tennis**
- 17:00 - 18:00 **Sunset Cruise**  
\$69++ (minimum 4 guests)
- 17:30 - 18:30 **Reset Ritual Breath & Ice (PW)**  
\$40pp++ (minimum 2 guests)

### Kandoo Kids' Club Complimentary Activities *(for children aged 4 to 12 years)*

#### Creative Fun Day

- |                            |                       |
|----------------------------|-----------------------|
| 09:00 Kids Yoga            | 14:30 Collage Making  |
| 10:00 Dream Catcher Making | 15:00 Playground Fun  |
| 11:00 Toss the Ring        | 16:30 Bracelet Making |
| 12:00 PS5 & Nintendo Games | 18:30 Movie Time      |

## FRIDAY

- 05:30 - 08:00 **Sport Fishing**  
\$89++ (minimum 4 guests)
- 08:30 - 09:15 **Flow Yoga (PW)**  
\$20pp++ (minimum 2 guests)
- 10:30 - 12:00 **Turtle Point Snorkelling**  
\$59++ (minimum 4 guests)
- 14:00 - 16:00 **Shark Snorkelling**  
\$99++ (minimum 4 guests)
- 17:00 - 19:00 **Night Fishing**  
\$59++ (minimum 4 guests)
- 17:30 - 18:30 **Sound Healing**  
\$40++ (minimum 2 guests)

### Kandoo Kids' Club Complimentary Activities *(for children aged 4 to 12 years)*

#### Adventure Day

- |                            |                           |
|----------------------------|---------------------------|
| 09:00 Kids Meditation      | 14:30 Pirate Craft Making |
| 10:00 Scavenger Hunt       | 15:00 Garden Explore      |
| 11:00 Pool Fun             | 16:30 Sandcastle Making   |
| 12:00 PS5 & Nintendo Games | 18:30 Movie Time          |

## SATURDAY

- 08:30 - 09:15 **Pilates Sculpt (PW)**  
\$20++pp (minimum 2 guests)
- 08:30 - 09:30 **\*House Reef Snorkelling**
- 10:30 - 12:00 **Side Reef Snorkelling**  
\$39++ (minimum 4 guests)
- 13:30 - 15:30 **Shark Snorkelling**  
\$99++ (minimum 4 guests)
- 14:00 - 15:00 **Maldivian Cooking Class**  
at The Asian Kitchen \$80++  
(minimum 2 guests & maximum 8 guests)
- 16:00 - 17:00 **Beach tennis**
- 17:00 - 18:00 **Sunset Cruise**  
\$69++ (minimum 4 guests)
- 17:30 - 18:30 **Yin & Restore (PW)**  
\$40pp++ (minimum 2 guests)

### Kandoo Kids' Club Complimentary Activities *(for children aged 4 to 12 years)*

#### Recycle Fun

- |                             |                        |
|-----------------------------|------------------------|
| 09:00 Kids Zumba            | 14:30 Leaves Art       |
| 10:00 Recycle Fun           | 15:00 Explore Kandooma |
| 11:00 Tissue Dace Challenge | 16:30 Crown Making     |
| 12:00 PS5 & Nintendo Games  | 18:30 Movie Time       |

- All activities must be booked in advance. Reservations are mandatory to secure your spot.
- All activities with asterisk (\*) are complimentary
- **(PW)** Perfect Wave
- All bookings must be made at the Watersports Centre between 8:00 am and 5:00 pm.
- Activities marked with an asterisk (\*) are complimentary.
- This schedule is subject to change without prior notice.
- Snorkelling equipment and life jackets are free of charge.
- Please be at the Watersports Centre at least 10 minutes before your excursion.
- Complimentary snorkelling lesson at 10:00 am and snorkelling trip at 8:30 am. (booking required).
- Underwater photography requires 24-hour advance booking at the Watersports Centre.
- Parasailing is available from 9:00 am to 5:30 pm and requires 24-hour advance booking.
- Beginner Surf Lessons must be booked at The Perfect Wave Surf Centre one day in advance.
- Beginner Scuba Dive lessons are available daily at the Dive Centre.

**For inquiries, call +960 6640511 Ext. 7196.**

#### Chargeable Fitness Sessions

- Stretching Group Session (Thursday & Saturday, 2:00 pm) – \$25++ per person (min. 2, max. 6 guests)
- Mat Pilates Group Session (Monday & Friday, 2:00 pm) – \$25++ per person (min. 2, max. 6 guests)
- Private Fitness Session – \$60++ per guest / \$100++ per two guests

#### Kandoo Kids' Club Activities

- Activities are only for children aged 4 to 12 years.
- Schedule is subject to change without prior notice.
- Babysitting available daily upon request (\$16.73 per child per hour, ages 0–4). Advance booking required.

**For inquiries, call +960 6640511 Ext. 7199.**

#### Cancellation Policy:

- Cancellations made at least 4 hours before the activity are free of charge.
- Cancellations made within 2 to 4 hours before the activity will incur a 50% charge.
- No-shows will be charged the full price.

- All activities with asterisk (\*) are complimentary - **(PW)** Perfect Wave

P.S. Please advise us by no later than 8 pm the night before if you wish to cancel any Yoga class, as we have a 50% cancellation/no-show fee.

# STAY ACTIVE

## Recreation & Watersports Price List 2026



Activity	Price (USD++)	No. of Persons	Duration
<b>Excursions</b>			
<b>Turtle Point Reef Snorkelling</b>	59++	Min. 4	1.5 hrs
<b>Side Reef Snorkelling</b>	39++	Min. 4	1.5 hrs
<b>Shark Snorkelling</b>	99++	Min. 4	2 hrs
<b>Shark Snorkelling (Private)</b>	620++	Max. 6	2.5 hrs
<b>Sunset Cruise</b>	69++	Min. 4	1 hr
<b>Boom Net Cruise</b>	69++	Min. 4	1.5 hrs
<b>Sport Fishing</b>	89++	Min. 4 / Max. 6	2.5 hrs
<b>Sport Fishing (Private)</b>	450++	Max. 4	2.5 hrs
<b>Sport Fishing Private Boat Trip</b>	680++	Max. 4	4 hrs
<b>Sport Fishing Private Boat Trip</b>	805++	Max. 4	5 hrs
<b>Sport Fishing Private Boat Trip</b>	930++	Max. 4	6 hrs
<b>Night Fishing</b> Your biggest catch of the night (one fish) will be cooked to your preference at the restaurant	59++	Min. 4	2 hrs
<b>Sandbank Picnic</b>	89++	Min. 4	2 hrs
<b>Create Your Own Trip (Private)</b> Choose 2: Shark Snorkelling / Turtle Snorkelling / Sandbank Visit / Side Reef Snorkelling / Local Island Visit	169++ (extra person)	Min. 2 / Max. 6	2.5 hrs
<b>Create Your Own Trip Option 2 (Private)</b> Choose 2: Sting Ray Watching / Shark Snorkelling / Turtle Snorkelling / Sandbank Visit / Side Reef Snorkelling / Local Island Visit	189++ (extra person)	Min. 2 / Max. 6	3 hrs
<b>Local Island Visit</b>	59++	Min. 6	2.5 hrs
<b>Malé Sightseeing</b>	89++	Min. 2	4 hrs
<b>Manta Ray Snorkelling (Seasonal)</b>	69++	Min. 4	1.5 hrs
<b>WOW Safari – Turtle Snorkelling, Shark Snorkelling, Local Island Visit, Sandbank Visit for Lunch</b>	199++	Min. 6	5.5 hrs
<b>Shipwreck Safari - Turtle Snorkeling, Shark Snorkeling, Shipwreck Snorkeling, Sandbank Visit for Lunch</b>	199++	Min. 6	5.5 hrs
<b>Shipwreck Safari (Private)</b>	990++	Max. 4	5.5 hrs

- All prices are in US Dollars and are subject to 10% service charge and 17% GST.
- All activities must be booked in advance; reservations are required to secure your spot.
- Bookings must be made at the Watersports Centre between 8:00 am and 5:00 pm.
- Prices are per person unless stated otherwise.
- Children under 12 years receive a 50% discount on activities.
- Children under 4 years can participate free of charge.
- Motorised watersports and parasailing are charged at full price for children of all ages.
- Prices are subject to change without prior notice.

### **Cancellation Policy:**

- Cancellations made at least 4 hours before the activity are free of charge.
- Cancellations made within 2 to 4 hours before the activity will incur a 50% charge.
- No-shows will be charged the full price.

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## Recreation & Watersports Price List 2026



Activity	Price (USD++)	No. of Persons	Duration
<b>Motorised Watersports</b>			
<b>Banana Boat / Fun Tube</b>	29++	Min. 2	15 minutes
<b>Parasailing</b>	99++	Min. 2	15 minutes
<b>Stimmel Board / Kneeboard</b>	39++	Per person	25 minutes
<b>Monoski / Waterski / Wakeboard (Beginner)</b>	69++	Per person	45 minutes
<b>Monoski / Waterski / Wakeboard (Refresher)</b>	49++	Per person	30 minutes
<b>Monoski / Waterski / Wakeboard (Advanced)</b>	39++	Per person	20 minutes
<b>Lessons</b>			
<b>Snorkelling Lesson</b>	12++	Per person	30 minutes
<b>Swimming Class</b>	20++	Per person	45 minutes
<b>Others</b>			
<b>Underwater Photography (Available only during snorkelling excursions)</b>	40++	Per room	Per trip
<b>Drone Photography for Parasailing</b>	89++	Per room	Per flight

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## Recreation & Watersports Price List 2026



Activity	Price (USD++)	No. of Persons	Duration
<b>Boat Rentals</b>			
<b>Speedboat – Teal</b>	199++	Max. 4	1 hr
<b>Speedboat – Aqua</b>	349++	Max. 6	1 hr
<b>Dhoni</b>	299++	Max. 8	1 hr
<b>Equipment Rentals</b>			
<b>Stand-Up Paddleboard</b>	19++	Per SUP	1 hr
<b>Paddleboat</b>	29++	Per boat	1 hr

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